



Captains Alex and Carolina Yanez  
Kroc Center Officers

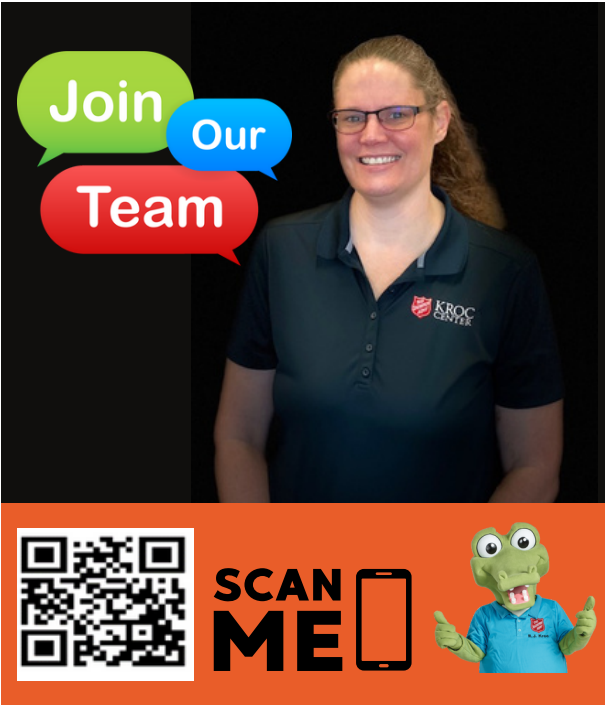
After losing her husband and sons, Naomi and her daughter-in-law moved back to Bethlehem, and were welcomed by the local women there. She said to them "Don't call me Naomi (pleasant), call me Mara (bitter)". Although Naomi's life had not been easy, she had missed to notice the blessings that were right in front of her: Her loyal and loving daughter in law, the women who welcomed her with open arms, and a homeland and relatives to go back to. This season, let us remember the words of this Hymn "Count your blessings, name them one by one, see what God hath done!"



### Thanksgiving WORSHIP SERVICE & POTLUCK

Join us for our Worship Service  
followed by a potluck meal  
in celebration of our many blessings!

Sunday November 11AM



KROC  
CENTER  
OMAHA

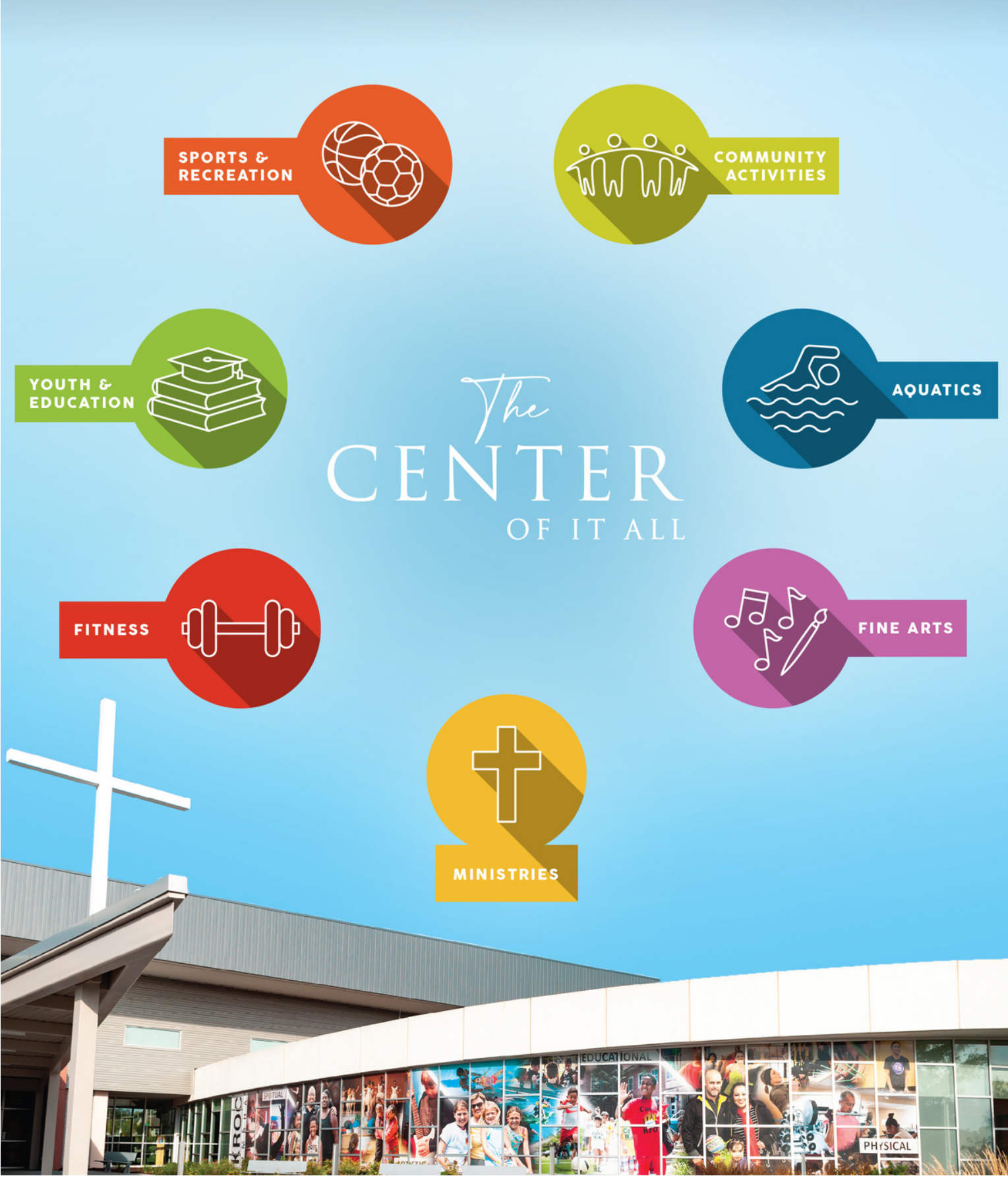
### PROGRAM & CLASS SCHEDULE NOVEMBER 2022

**OPERATIONAL HOURS**

Monday - Friday: 5:00am - 8:00pm

Saturday: 8:00am - 5:00pm

Sunday: **OPEN for Church, 11:00am**







SUNDAY

Worship God with us!  
Sundays 11 a.m.

\*Traduccion al Espanol en  
nuestros servicios dominicales.

🕒 Kid's Church | 11:30 AM

Join our Teen Group two Sundays  
per month after church

TUESDAY

🕒 J.O.Y Club (Just Older Youth)  
10:15-11:15 AM  
Senior Life Center

WEDNESDAY

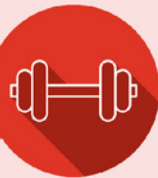
🕒 School of Music (SOM)  
5:00 PM - 7:15 PM (\$)(NM)  
  
🕒 Bible Study  
5:30 PM - 6:30 PM  
Location: Senior Center

THURSDAY

🕒 BOY'S Character Building  
4:30 PM - 5:00 PM  
  
🕒 GIRL'S Character Building  
5:00 PM - 5:30 PM  
  
🕒 Women's Ministries (Spanish)  
Ministerio Femenino  
Senior Center | 5:30 PM

*I rejoiced with those who said to  
me "Let us go to the  
house of the Lord"*

FITNESS



FITNESS CLASSES

Check the Fitness Class Insert for  
day-to-day classes including Virtual  
Classes!

MONDAY

🕒 Fitness Deck | 5:00 AM - 8:00 PM  
(Ages 16+) & Kroc IE Graduates  
  
🕒 Group Ex | 5:00 AM - 8:00 PM  
  
🕒 Cycle Studio | 5:00 AM - 8:00 PM

TUESDAY

🕒 Fitness Deck | 5:00 AM - 8:00 PM  
(Ages 16+) & Kroc IE Graduates  
  
🕒 Group Ex | 5:00 AM - 8:00 PM  
  
🕒 Cycle Studio | 5:00 AM - 8:00 PM

WEDNESDAY

🕒 Fitness Deck | 5:00 AM - 8:00 PM  
(Ages 16+) & Kroc IE Graduates  
  
🕒 Group Ex | 5:00 AM - 8:00 PM  
  
🕒 Cycle Studio | 5:00 AM - 8:00 PM

THURSDAY

🕒 Fitness Deck | 5:00 AM - 8:00 PM  
(Ages 16+) & Kroc IE Graduates  
  
🕒 Group Ex | 5:00 AM - 8:00 PM  
  
🕒 Cycle Studio | 5:00 AM - 8:00 PM

FRIDAY

🕒 Fitness Deck | 5:00 AM - 8:00 PM  
(Ages 16+) & Kroc IE Graduates  
  
🕒 Group Ex | 5:00 AM - 8:00 PM  
  
🕒 Cycle Studio | 5:00 AM - 8:00 PM

SATURDAY

🕒 Fitness Deck | 8:00 AM - 5:00 PM  
(Ages 16+) & Kroc IE Graduates  
  
🕒 Group Ex | 8:00 AM - 5:00 PM  
  
🕒 Cycle Studio | 8:00 AM - 5:00 PM



### ESCAPE



AGES 16+  
ELEVATE YOUR TRAINING!



SPORTS & RECREATION



OPEN GYM CALENDAR

Check the Sports & Recreation  
Calendar insert for day-to-day  
events and time adjustments

MONDAY - FRIDAY

🕒 OPEN GYM | (Ages 16+) 5:00 AM - 7:30 AM\*  
🕒 OPEN TURF | (Ages 16+) 5:00 AM - 7:30 AM\*  
🕒 OPEN GYM | (Ages 18+) 7:30 AM - 3:00 PM\*  
🕒 OPEN TURF | (Ages 18+) 7:30 AM - 3:00 PM\*  
🕒 OPEN GYM | (ALL AGES) 6:00 PM - 8:00 PM\*  
🕒 OPEN TURF | (ALL AGES) 3:00 PM - 8:00 PM\*  
\*subject to change due to programming

MONDAY

🕒 J.O.Y. Pickleball (NM) | COURT 1 (Ages 19+)  
9:00 AM - 11:30 PM  
🕒 Pickleball & Friends (NM) | COURT 1  
6:30 PM - 7:30 PM

TUESDAY

🕒 Hatchling Soccer (\$)(NM) | 6:30 PM - 7:30 PM  
Indoor Turf (Ages 4 - 7) Oct. 4th

WEDNESDAY

🕒 Staff Choice Games in the Gym and Turf |  
3:30 PM - 7:45 PM

THURSDAY

🕒 Hatchling Soccer (\$)(NM) | 6:30 PM - 7:30 PM  
Indoor Turf (Ages 4 - 7) Oct. 4th

FRIDAY

🕒 J.O.Y. Pickleball (NM) | COURT 1 (Ages 19+)  
9:00 AM - 11:30 PM  
🕒 Pickleball & Friends (NM) | COURT 1  
6:30 PM - 7:30 PM

SATURDAY

🕒 OPEN GYM | 8:00 AM - 5:00 PM  
🕒 OPEN TURF | 8:00 AM - 5:00 PM



### HATCHLING SOCCER



AGES 4 - 7 | 6:30-7:30PM  
JOIN US FOR FUN ON OUR  
INDOOR TURF!



YOUTH & EDUCATION



OPEN YOUTH CALENDAR

Check the Youth & Education  
Calendar insert for Loft & KidZone  
Hours and time adjustments

MONDAY

🕒 KidZone | 9:00 AM - 12:00 PM  
5:30 PM - 7:45 PM  
🕒 Loft | 3:30 PM - 8:00 PM  
🕒 Club Kroc After School Program  
4:00 PM - 6:30 PM

TUESDAY

🕒 KidZone | 9:00 AM - 12:00 PM  
5:30 PM - 7:45 PM  
🕒 Loft | 3:30 PM - 8:00 PM  
🕒 Club Kroc After School Program  
4:00 PM - 6:30 PM  
🕒 KAST Teen Program 5:30 PM - 6:30 PM

WEDNESDAY

🕒 KidZone | 9:00 AM - 12:00 PM  
5:30 PM - 7:45 PM  
🕒 Loft | 3:30 PM - 8:00 PM  
🕒 Club Kroc After School Program  
4:00 PM - 6:30 PM

THURSDAY

🕒 KidZone | 9:00 AM - 12:00 PM  
5:30 PM - 7:45 PM  
🕒 Loft | 3:30 PM - 8:00 PM  
🕒 Club Kroc After School Program  
4:00 PM - 6:30 PM

FRIDAY

🕒 KidZone | 9:00 AM - 12:00 PM  
5:30 PM - 7:45 PM  
🕒 Loft | 3:30 PM - 8:00 PM  
🕒 Club Kroc After School Program  
4:00 PM - 6:30 PM

SATURDAY

🕒 KidZone | 9:00 AM - 12:00 PM  
🕒 Loft | 10:00 AM - 5:00 PM



### THANKSGIVING DAY CAMP



9 A.M. - 5 P.M.  
Ages 6-12



AQUATICS



OPEN POOL CALENDAR

Check the Aquatic Calendar insert  
for day-to-day events and time  
adjustments for both pools

MONDAY - FRIDAY

🕒 Both Pools | 5:30 AM - 10:00 AM 19+ Only

MONDAY

🕒 REC Pool | 5:30 AM - 1:00 PM  
🕒 LAP Pool | 6:30 AM - 1:00 PM  
4:00 PM - 7:00 PM  
Pool Stair Area CLOSED 4:00PM - 6:30PM  
🕒 Stingray Slide | 4:00 PM - 6:30 PM

TUESDAY

🕒 REC Pool | 5:30 AM - 1:00 PM  
🕒 LAP Pool | 6:30 AM - 1:00 PM  
Aquatics Center Closed in the Evening for  
Swim Team/Swim Lessons

WEDNESDAY

🕒 REC Pool | 5:30 AM - 1:00 PM  
🕒 LAP Pool | 6:30 AM - 1:00 PM  
4:00 PM - 7:00 PM  
🕒 Stingray Slide | 4:00 PM - 6:30 PM

THURSDAY

🕒 REC Pool | 5:30 AM - 1:00 PM  
🕒 LAP Pool | 6:30 AM - 1:00 PM  
Aquatics Center Closed in the Evening for  
Swim Team/Swim Lessons

FRIDAY

🕒 REC Pool | 5:30 AM - 1:00 PM  
🕒 LAP Pool | 6:30 AM - 1:00 PM  
4:00 PM - 7:00 PM  
🕒 Stingray Slide | 4:00 PM - 6:30 PM

SATURDAY

🕒 REC Pool | 12:00 PM - 4:00 PM  
🕒 LAP Pool | 12:00 PM - 4:00 PM  
🕒 Stingray Slide | 12:00 PM - 3:30 PM  
🕒 Wibit Bridge | 12:00 PM - 3:30 PM



### MORNING FAMILY SWIM



come swim with your  
FAMILY!  
NOVEMBER 19TH @ 10AM!



FINE ARTS



OPEN ARTS CALENDAR

Check the Fine Arts insert for  
day-to-day events, classes and  
weekly programming

MONDAY

🕒 J.O.Y. Pottery (Just Older Youth) 50+  
10:45 AM - 12:00 PM (\$)(NM)

(\$)(NM)

TUESDAY

🕒 Group Piano Instruction - ADULT  
3:30 PM - 4:30 PM (\$)(NM)  
(Ages 16+)

🕒 Group Piano Instruction - YOUTH  
4:30 PM - 5:15 PM (\$)(NM)  
(Ages 7 - 12)

🕒 Group Piano Instruction - En Español  
5:30 PM - 6:30 PM (\$)(NM)  
(Ages 16+)

WEDNESDAY

🕒 SOM - Piano (School of Music)  
(Ages 7-15) 5:30 PM - 7:10 PM

🕒 SOM - Ukulele (School of Music)  
(Ages 7-15) 5:30 PM - 7:10 PM

🕒 SOM - Guitar (School of Music)  
(Ages 7-15) 5:30 PM - 7:10 PM

FRIDAY

🕒 Kids Pottery 1 (Ages 7-12)  
5:00 PM - 6:00 PM

🕒 Independent Wheel Time  
6:30 PM - 7:10 PM



### PRIVATE DRUM SET INSTRUCTION



ARRANGE WHAT WORKS  
FOR YOU WITH AN  
INSTRUCTOR!



 New Program

 Fee for Non-Members

 Fee for Members