

Captains Alex and Carolina Yanez
Kroc Center Officers

Fall is the season for change; colors change, the temperature changes, the decorations change.

Each of us experience changes in this journey called life, but we can be sure that trusting in the word of God can help us in our daily walk.

The prophet Isaiah left this message "The grass withers and the flowers fall, but the word of our God endures forever"

Captains Alex & Carolina Yanez

JOIN US!
Welcome To the Table
DINNER



- School of Music Performance
- Dinner, Devotional, Fellowship & Games
- Please register at the Welcome Desk

Wednesday October 26 | 5:00PM



Galatians 6:9

Let us not become weary in doing good,
for at the proper time we will reap a harvest if we do not give up.



Join Our Team



SCAN ME



KROC
CENTER
OMAHA

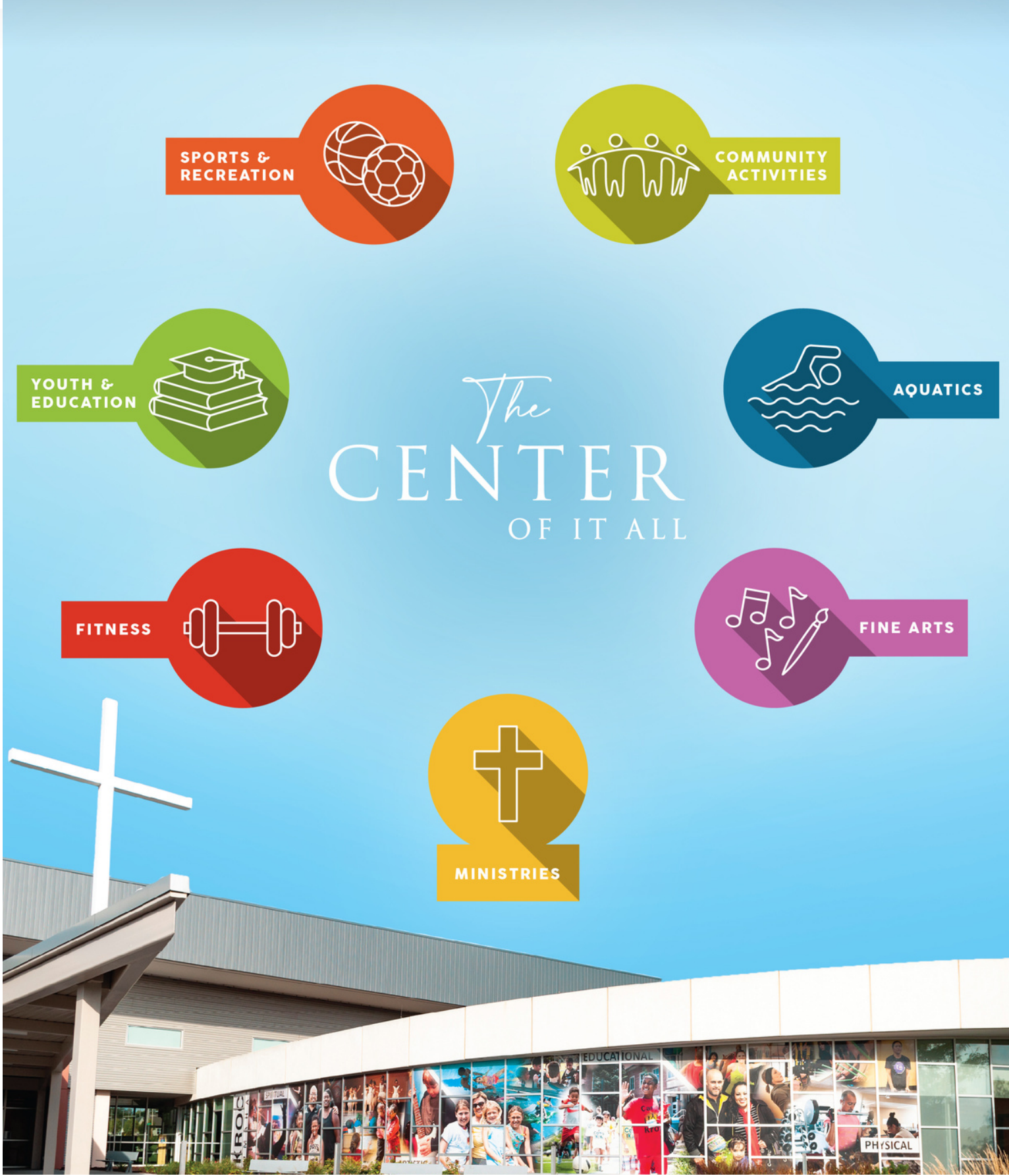
PROGRAM & CLASS SCHEDULE OCTOBER 2022

OPERATIONAL HOURS

Monday - Friday: 5:00am - 8:00pm

Saturday: 8:00am - 5:00pm

Sunday: **OPEN for Church, 11:00am**



SPORTS & RECREATION

COMMUNITY ACTIVITIES

YOUTH & EDUCATION



AQUATICS

FITNESS

FINE ARTS

MINISTRIES

The
CENTER
OF IT ALL





MINISTRIES

SUNDAY

Worship God with us!
Sundays 11 a.m.

*Traduccion al Espanol en
nuestros servicios dominicales.

🕒 Kid's Church | 11:30 AM

Join our Teen Group two Sundays
per month after church

TUESDAY

🕒 J.O.Y Club (Just Older Youth)
10:30-11:30 AM
Party Room 2

WEDNESDAY

🕒 School of Music (SOM)
5:00 PM - 7:15 PM (\$)(NM)

🕒 Bible Study
5:30 PM - 6:30 PM
Location: Senior Center

THURSDAY

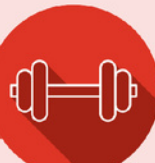
🕒 BOY'S Character Building
4:30 PM - 5:00 PM

🕒 GIRL'S Character Building
5:00 PM - 5:30 PM

🕒 Women's Ministries (Spanish)
Ministerio Femenino
Senior Center | 5:30 PM

*I rejoiced with those who said to
me "Let us go to the
house of the Lord"*

FITNESS



FITNESS CLASSES

Check the Fitness Class Insert for
day-to-day classes including Virtual
Classes!

MONDAY

- 🕒 Fitness Deck | 5:00 AM - 8:00 PM
(Ages 16+) & Kroc IE Graduates
- 🕒 Group Ex | 5:00 AM - 8:00 PM
- 🕒 Cycle Studio | 5:00 AM - 8:00 PM

TUESDAY

- 🕒 Fitness Deck | 5:00 AM - 8:00 PM
(Ages 16+) & Kroc IE Graduates
- 🕒 Group Ex | 5:00 AM - 8:00 PM
- 🕒 Cycle Studio | 5:00 AM - 8:00 PM

WEDNESDAY

- 🕒 Fitness Deck | 5:00 AM - 8:00 PM
(Ages 16+) & Kroc IE Graduates
- 🕒 Group Ex | 5:00 AM - 8:00 PM
- 🕒 Cycle Studio | 5:00 AM - 8:00 PM

THURSDAY

- 🕒 Fitness Deck | 5:00 AM - 8:00 PM
(Ages 16+) & Kroc IE Graduates
- 🕒 Group Ex | 5:00 AM - 8:00 PM
- 🕒 Cycle Studio | 5:00 AM - 8:00 PM

FRIDAY

- 🕒 Fitness Deck | 5:00 AM - 8:00 PM
(Ages 16+) & Kroc IE Graduates
- 🕒 Group Ex | 5:00 AM - 8:00 PM
- 🕒 Cycle Studio | 5:00 AM - 8:00 PM

SATURDAY

- 🕒 Fitness Deck | 5:00 AM - 8:00 PM
(Ages 16+) & Kroc IE Graduates
- 🕒 Group Ex | 5:00 AM - 8:00 PM
- 🕒 Cycle Studio | 5:00 AM - 8:00 PM



BARRE
AGES 16+
BUILD MUSCLE ENDURANCE &
STRENGTH!



SPORTS & RECREATION



OPEN GYM CALENDAR

Check the Sports & Recreation
Calendar insert for day-to-day
events and time adjustments

MONDAY - FRIDAY

- 🕒 OPEN GYM | (Ages 16+) 5:00 AM - 7:30 AM*
- 🕒 OPEN TURF | (Ages 16+) 5:00 AM - 7:30 AM*
- 🕒 OPEN GYM | (Ages 18+) 7:30 AM - 3:00 PM*
- 🕒 OPEN TURF | (Ages 18+) 7:30 AM - 3:00 PM*
- 🕒 OPEN GYM | (ALL AGES) 6:00 PM - 8:00 PM*
- 🕒 OPEN TURF | (ALL AGES) 3:00 PM - 8:00 PM*

*subject to change due to programming

MONDAY

- 🕒 J.O.Y. Pickleball (NM) | COURT 1 (Ages 19+)
9:00 AM - 12:00 PM
- 🕒 Pickleball & Friends (NM) | COURT 1
6:30 PM - 7:30 PM

TUESDAY

- 🕒 Hatchling Soccer (\$)(NM) | 6:30 PM - 7:30 PM
Indoor Turf (Ages 4 - 7) **Oct. 4th**

WEDNESDAY

- 🕒 LÜ Interactive Playground | Indoor Turf
(Ages 8+) 4:00 PM - 6:00 PM

THURSDAY

- 🕒 Hatchling Soccer (\$)(NM) | 6:30 PM - 7:30 PM
Indoor Turf (Ages 4 - 7) **Oct. 4th**

FRIDAY

- 🕒 J.O.Y. Pickleball (NM) | COURT 1 (Ages 19+)
9:00 AM - 12:00 PM
- 🕒 Pickleball & Friends (NM) | COURT 1
6:30 PM - 7:30 PM

SATURDAY

- 🕒 OPEN GYM | 8:00 AM - 5:00 PM
- 🕒 OPEN TURF | 8:00 AM - 5:00 PM



HATCHLING SOCCER
AGES 4 - 7 | 6:30-7:30PM
STARTS OCTOBER 4TH ON OUR
INDOOR TURF!



YOUTH & EDUCATION



OPEN YOUTH CALENDAR

Check the Youth & Education
Calendar insert for Loft & KidZone
Hours and time adjustments

MONDAY

- 🕒 KidZone | 9:00 AM - 12:00 PM
5:30 PM - 7:45 PM
- 🕒 Loft | 3:30 PM - 8:00 PM
- 🕒 Club Kroc After School Program
4:00 PM - 6:30 PM

TUESDAY

- 🕒 KidZone | 9:00 AM - 12:00 PM
5:30 PM - 7:45 PM
- 🕒 Loft | 3:30 PM - 8:00 PM
- 🕒 Club Kroc After School Program
4:00 PM - 6:30 PM
- 🕒 KAST Teen Program 5:30 PM - 6:30 PM **NEW**

WEDNESDAY

- 🕒 KidZone | 9:00 AM - 12:00 PM
5:30 PM - 7:45 PM
- 🕒 Loft | 3:30 PM - 8:00 PM
- 🕒 Club Kroc After School Program
4:00 PM - 6:30 PM

THURSDAY

- 🕒 KidZone | 9:00 AM - 12:00 PM
5:30 PM - 7:45 PM
- 🕒 Loft | 3:30 PM - 8:00 PM
- 🕒 Club Kroc After School Program
4:00 PM - 6:30 PM

FRIDAY

- 🕒 KidZone | 9:00 AM - 12:00 PM
5:30 PM - 7:45 PM
- 🕒 Loft | 3:30 PM - 8:00 PM
- 🕒 Club Kroc After School Program
4:00 PM - 6:30 PM
- 🕒 KAST Teen Program 5:30 PM - 6:30 PM **NEW**

SATURDAY

- 🕒 KidZone | 9:00 AM - 12:00 PM
- 🕒 Loft | 10:00 AM - 5:00 PM



KAST (KROC ACADEMY FOR
SUCCESSFUL TEENS)
AGES 12 - 17
Field Trips, Food, Education & More!



AQUATICS



OPEN POOL CALENDAR

Check the Aquatic Calendar insert
for day-to-day events and time
adjustments for both pools

MONDAY - FRIDAY

- 🕒 Both Pools | 5:30 AM - 10:00 AM **19+ Only**

MONDAY

- 🕒 REC Pool | 5:30 AM - 1:00 PM
- 🕒 LAP Pool | 6:30 AM - 1:00 PM
4:00 PM - 7:00 PM
- 🕒 Pool Stair Area **CLOSED 4:00PM - 6:30PM**
- 🕒 Stingray Slide | 4:00 PM - 6:30 PM

TUESDAY

- 🕒 REC Pool | 5:30 AM - 1:00 PM
- 🕒 LAP Pool | 6:30 AM - 1:00 PM
4:00 PM - 7:00 PM
- 🕒 Stingray Slide | 4:00 PM - 6:30 PM
- 🕒 **Aquatics Center Closed in the Evening for
Swim Team/Swim Lessons**

WEDNESDAY

- 🕒 REC Pool | 5:30 AM - 1:00 PM
- 🕒 LAP Pool | 6:30 AM - 1:00 PM
4:00 PM - 7:00 PM
- 🕒 Stingray Slide | 4:00 PM - 6:30 PM

THURSDAY

- 🕒 REC Pool | 5:30 AM - 1:00 PM
- 🕒 LAP Pool | 6:30 AM - 1:00 PM
4:00 PM - 7:00 PM
- 🕒 **Aquatics Center Closed in the Evening for
Swim Team/Swim Lessons**

FRIDAY

- 🕒 REC Pool | 5:30 AM - 1:00 PM
- 🕒 LAP Pool | 6:30 AM - 1:00 PM
4:00 PM - 7:00 PM
- 🕒 Stingray Slide | 4:00 PM - 6:30 PM

SATURDAY

- 🕒 REC Pool | 12:00 PM - 4:00 PM
- 🕒 LAP Pool | 12:00 PM - 4:00 PM
- 🕒 Stingray Slide | 12:00 PM - 3:30 PM
- 🕒 Wibit Bridge | 12:00 PM - 3:30 PM



LIFEGUARDING CLASS
AMERICAN RED CROSS

AGES 15+
REGISTER TODAY!



FINE ARTS



OPEN ARTS CALENDAR

Check the Fine Arts insert for
day-to-day events, classes and
weekly programming

MONDAY

- 🕒 J.O.Y. Pottery (Just Older Youth) 50+
10:45 AM - 12:00 PM (\$)(NM)
- 🕒 Adult Fine Art Workshop (Ages 14+)
5:00 PM - 7:00 PM (\$)(NM)

TUESDAY

- 🕒 Group Piano Instruction - ADULT
3:30 PM - 4:30 PM (\$)(NM)
(Ages 16+)

- 🕒 Group Piano Instruction - YOUTH
4:30 PM - 5:15 PM (\$)(NM)
(Ages 7 - 12)

- 🕒 Group Piano Instruction - **En Español**
5:30 PM - 6:30 PM (\$)(NM)
(Ages 16+)

WEDNESDAY

- 🕒 SOM - Piano (School of Music)
(Ages 7-15) 5:30 PM - 7:10 PM (\$)(NM)

- 🕒 SOM - Ukulele (School of Music)
(Ages 7-15) 5:30 PM - 7:10 PM (\$)(NM)

- 🕒 SOM - Guitar (School of Music)
(Ages 7-15) 5:30 PM - 7:10 PM (\$)(NM)

FRIDAY

- 🕒 Kids Pottery 1 (Ages 7-12)
5:00 PM - 6:00 PM (\$)(NM)



**PRIVATE PIANO, ART & POTTERY
INSTRUCTION
FOR YOUTH & ADULTS!**

Play with passion and expertise.
Improve your personal skills!



NEW New Program

(NM) Fee for Non-Members

(\$) Fee for Members