SPORTS & RECREATION WEEKLY SCHEDULE



MONDAY

J.O.Y. PICKLEBALL 9:00AM - 11:30AM **GYM**

STAFF'S CHOICE **GAMES** 3:30PM - 7:45PM **GYM**

PICKLEBALL & FRIENDS 6:30PM - 7:30PM **GYM**

TUESDAY

STAFF'S CHOICE GAMES 3:30PM - 7:45PM **GYM**

HATCHLINGS SOCCER 6:30PM - 7:30PM INDOOR TURE

WEDNESDAY

STAFF'S CHOICE **GAMES** 3:30PM - 7:45PM **GYM**

LU INTERATIVE **PLAYGROUND** 4:00PM-6:00PM **INDOOR TURF**

THURSDAY

STAFF'S CHOICE GAMES 3:30PM - 7:45PM **GYM**

HATCHLINGS SOCCER 6:30PM - 7:30PM INDOOR TURE

FRIDAY

J.O.Y. PICKLEBALL 9:00AM - 11:30AM

GYM

STAFF'S CHOICE **GAMES**

3:30PM - 7:45PM

GYM

PICKLEBALL & FRIENDS 6:30PM - 7:30PM

GYM

SATURDAY

STAFF'S CHOICE GAMES

8:00AM - 5:00PM

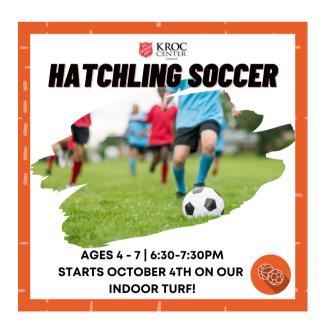
GYM

OPEN GYM 8:00AM - 5:00PM

GYM

OPEN TURF 8:00AM - 5:00PM

INDOOR TURE



HATCHLINGS SOCCER PERFECT FOR AGES 4-7 YRS.

A way to introduce the basic elements and proper technique through experienced coaching to those just starting their soccer journey! This program consists of 6 weeks and has 3 different sessions. Each week will consist of soccer activities working on footskills and a competitive game.



MONDAY - FRIDAY

- OPEN GYM | (Ages 16+) 5:00 AM 7:30 AM*
- **OPEN TURF | (Ages 16+) 5:00 AM 7:30 AM***
- OPEN GYM | (Ages 18+) 7:30 AM 3:00 PM*
- OPEN TURF | (Ages 18+) 7:30 AM 3:00 PM* **OPEN GYM | (ALL AGES) 6:00 PM -8:00 PM***
- **OPEN TURF | (ALL AGES) 3:00 PM -8:00 PM***
 - *subject to change due to programming

DID YOU KNOW?

We have fitness classes for all ages, including Youth! Check out our Tik Tok Dance Class (day) and (time)

For any questions or additional class information please see the **Health & Recreation Manager** 402-905-3589

or Health & Recreation Assistant Manager 402-905-3576

OCTOBER 2022

SPORTS & RECREATION HIGHLIGHTS





LU INTERACTIVE PLAYGROUND

We've created a smart Gym with active play for kids, adults and seniors! The new LÜ system uses lights, sounds and video to transform the gym into an engaging, immersive video game.

While playing LÜ, senses, body and mind are always running at full speed. The giant Video game screen is loaded with content for small and large groups.

OPEN BASKETBALL

Build both muscular endurance and strength. Sharpen your skills and build teamwork!





PICKLEBALL & FRIENDS

Looking for pickleball that is a bit more competitive? Drop in and play the fastest growing sport in the world!

Flip over for our full weekly class schedule!

