

SPORTS & RECREATION WEEKLY SCHEDULE



MONDAY

J.O.Y. PICKLEBALL
9:00AM - 11:30AM
GYM

STAFF'S CHOICE
GAMES
3:30PM - 7:45PM
GYM

PICKLEBALL & FRIENDS
6:30PM - 7:30PM
GYM

TUESDAY

STAFF'S CHOICE
GAMES
3:30PM - 7:45PM
GYM

HATCHLINGS SOCCER
6:30PM - 7:30PM
INDOOR TURF

WEDNESDAY

STAFF'S CHOICE
GAMES
3:30PM - 7:45PM
GYM

LU INTERACTIVE
PLAYGROUND
4:00PM-6:00PM
INDOOR TURF

THURSDAY

STAFF'S CHOICE
GAMES
3:30PM - 7:45PM
GYM

HATCHLINGS SOCCER
6:30PM - 7:30PM
INDOOR TURF

FRIDAY

J.O.Y. PICKLEBALL
9:00AM - 11:30AM
GYM

STAFF'S CHOICE
GAMES
3:30PM - 7:45PM
GYM

PICKLEBALL & FRIENDS
6:30PM - 7:30PM
GYM

SATURDAY

STAFF'S CHOICE
GAMES
8:00AM - 5:00PM
GYM

OPEN GYM
8:00AM - 5:00PM
GYM

OPEN TURF
8:00AM - 5:00PM
INDOOR TURF

HATCHLING SOCCER



AGES 4 - 7 | 6:30-7:30PM
STARTS OCTOBER 4TH ON OUR
INDOOR TURF!



HATCHLINGS SOCCER PERFECT FOR AGES 4-7 YRS.

A way to introduce the basic elements and proper technique through experienced coaching to those just starting their soccer journey! This program consists of 6 weeks and has 3 different sessions. Each week will consist of soccer activities working on foot-skills and a competitive game.

TIK TOK DANCE!



AGES 8+
DANCE TO NEW TRENDS!



DID YOU KNOW?

We have fitness classes for all ages, including Youth! Check out our Tik Tok Dance Class (day) and (time)

MONDAY - FRIDAY

- OPEN GYM | (Ages 16+) 5:00 AM - 7:30 AM*
- OPEN TURF | (Ages 16+) 5:00 AM - 7:30 AM*
- OPEN GYM | (Ages 18+) 7:30 AM - 3:00 PM*
- OPEN TURF | (Ages 18+) 7:30 AM - 3:00 PM*
- OPEN GYM | (ALL AGES) 6:00 PM - 8:00 PM*
- OPEN TURF | (ALL AGES) 3:00 PM - 8:00 PM*

*subject to change due to programming

For any questions or additional class information please see the
Health & Recreation Manager
402-905-3589

or Health & Recreation Assistant
Manager
402-905-3576

OCTOBER 2022

SPORTS & RECREATION HIGHLIGHTS




LÜ INTERACTIVE PLAYGROUND



**AN INTERACTIVE, LIFE-SIZED
GAME THAT GETS YOU
MOVING!**



LU INTERACTIVE PLAYGROUND

We've created a smart Gym with active play for kids, adults and seniors! The new LÜ system uses lights, sounds and video to transform the gym into an engaging, immersive video game.

While playing LÜ, senses, body and mind are always running at full speed. The giant Video game screen is loaded with content for small and large groups.

OPEN BASKETBALL
Build both muscular endurance and strength. Sharpen your skills and build teamwork!


OPEN BASKETBALL



**BUILD YOUR SKILLS AND YOUR
STRENGTH!**




PICKLEBALL & FRIENDS



**A MIX OF TENNIS AND WHIFFLE
BALL THAT HELPS TO BUILD
YOUR ENDURANCE!**



PICKLEBALL & FRIENDS
Looking for pickleball that is a bit more competitive? Drop in and play the fastest growing sport in the world!

Flip over for our full weekly class schedule!



**KROC
CENTER**
OMAHA

2825 Y Street
Omaha, NE 68197
402-905-3500