

Did you know?

The Salvation Army is a Christian church and charitable organization that is currently present in 130 countries around the world.

Our mission is to spread the gospel of Jesus Christ and to meet human needs without discrimination.

Our church is open to you and your family on Sunday mornings and Wednesday evenings.

Come, join the Army of the Lord!



Worship with Us | Sundays 11:00 AM



Join Our team

OPEN POSITIONS INCLUDE:

- Aquatics Specialist
- Administrative Assistants
- Music Instructors
- Fitness Attendants
- And more

For information, please visit
<https://omahakroc.org/careers/>



KROC CENTER
THE CENTER OF IT ALL

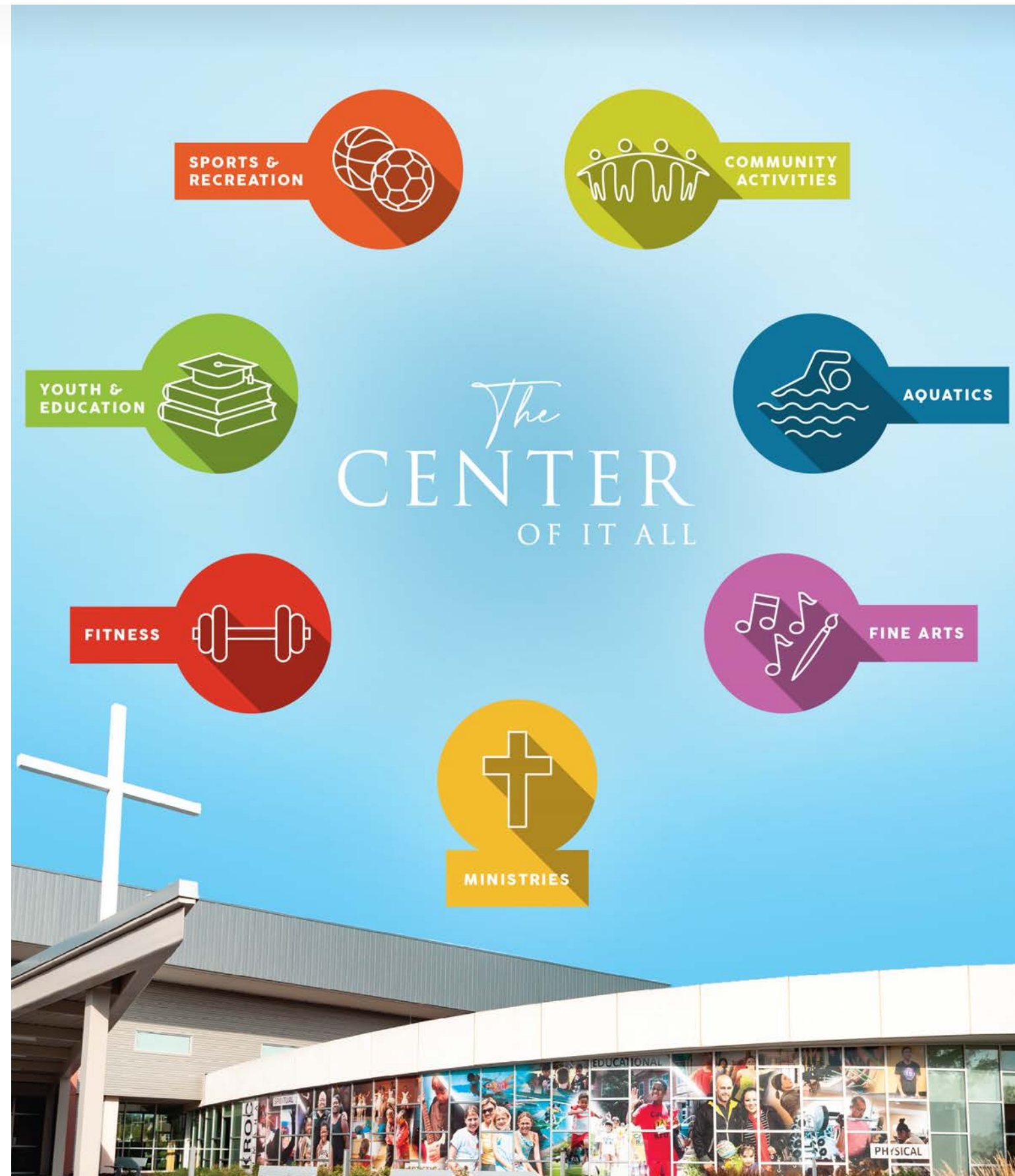
PROGRAM & CLASS SCHEDULE JANUARY 2022

OPERATIONAL HOURS

Monday - Friday: 5:00am - 8:00pm

Saturday: 8:00am - 5:00pm

Sunday: **OPEN for Church, 11:00am**



For your protection.
Para su protección.

Protect your fellow members! Please wear a mask if you are not fully vaccinated. Per CDC guidelines: you are fully vaccinated if two weeks have passed since you received the second dose in a 2-dose vaccine (e.g. Pfizer or Moderna) or a single-dose vaccine (e.g. Johnson & Johnson). The Kroc Center requires all youth ages 2 through age 11 who are not yet eligible for the vaccine to wear a mask at all times while in the center unless they are actively engaged in physical activity. Thank you for helping us keep all our patrons as safe as possible. By not wearing a face covering, you represent that you are fully vaccinated.



LOOKING FOR UPDATES?

For more information on department program changes or cancellations follow these easy steps: **1) Call 402.905.3588**

Press **#1 Sports & Recreation**

Press **#2 Aquatics**

Press **#3 Health & Fitness**

Press **#4 Education & Camps**

Press **#5 Fine Arts**

Press **#6 Spiritual Life**



MINISTRIES

SUNDAY

Worship Service | 11:00 AM
Assembly Hall
In-person & Facebook Live

Kid's Church | 11:30 AM
Kids Zone
In-person

TUESDAY

J.O.Y Club (Just Older Youth)
Senior Center | 10:30 AM

WEDNESDAY



School of Music (SOM)
Time: 5:00 PM
Ages: 7-15 yrs.
Fellowship Hall | Weekly

Women's Fellowship | 5:00 PM
Senior Center | Weekly

Men's Fellowship | 5:00 PM
Chapel | Weekly

Wednesday night ministry
programs begin at 5PM with
refreshments and fellowship.




FITNESS




MONDAY

Fitness Deck | 5:00 AM - 8:00 PM
(Ages 16+ & Kroc IE Graduates)

SilverSneakers Yoga | 9:45 - 10:30 AM
(Ages 16+) Group Ex Studio

Zumba  | 6:00 - 6:50 PM
(Ages 16+) Group Ex Studio

Stages Cycle  | 6:30 - 7:15 PM
(Ages 16+) Limit of 10 Party Room #1


TUESDAY

Fitness Deck | 5:00 AM - 8:00 PM
(Ages 16+ & Kroc IE Graduates)

Fit & Function | 8:30 - 9:00 AM
(Ages 19+) Group Ex Studio

SilverSneakers Stability | 9:30 - 10:15 AM
(Ages 19+) Group Ex Studio


Kids Yoga | 6:00 - 6:45 PM
(Ages 16+) Party Room #1

Yoga  | 7:00 - 7:50 PM
(Ages 16+) Party Room #1

WEDNESDAY

Fitness Deck | 5:00 AM - 8:00 PM
(Ages 16+ & Kroc IE Graduates)

Tai Chi  | 10:00 - 10:45 AM
(Ages 16+) Group Ex Studio

Zumba  | 6:00 - 6:50 PM
(Ages 16+) Group Ex Studio

Escape | 6:30 - 7:15 PM
(Ages 16+) Upper Fitness Deck

THURSDAY

Fitness Deck | 5:00 AM - 8:00 PM
(Ages 16+ & Kroc IE Graduates)


Fit & Function | 8:30 - 9:00 AM
(Ages 19+) Group Ex Studio

Line Dancing | 9:15 - 9:45 AM
(Ages 19+) Group Ex Studio

TRX Suspension Training  | 7:00 - 7:45 PM
(Ages 19+) Group Ex Studio

FRIDAY

Fitness Deck | 5:00 AM - 8:00 PM
(Ages 16+ & Kroc IE Graduates)

Zumba  | 6:00 - 7:00 PM
(Ages 16+) Group Ex Studio

SATURDAY

Fitness Deck | 8:00 AM - 5:00 PM
(Ages 16+ & Kroc IE Graduates)

SPORTS & RECREATION



OPEN GYM CALENDAR

Check the Sports & Recreation Calendar insert for day-to-day events and time adjustments

MONDAY

J.O.Y. Pickleball | 9:00 - 11:30 AM
Ages 19+ Court #1

TUESDAY

Dodgeball | 5:15 - 6:00 PM
Ages 12-16 | Indoor Turf

Pickleball & Friends | 6:00 - 7:30 PM
Ages 12+ Youth under 12 allowed with
parent participation Court #1

Lu Interactive Playground | 6:00 - 8:00 PM
Ages 12-16 | Indoor Turf

WEDNESDAY

Basketball Academy | 6:00 - 8:00 PM
Ages 8-13 | Court #1

THURSDAY

Pickleball & Friends | 6:00 - 7:30 PM
Ages 12+ Youth under 12 allowed with
parent participation Court #1

Dodgeball | 5:15 - 6:00 PM
Ages 12-16 | Indoor Turf

Adult Co-Ed Soccer League | 6:00 - 8:00 PM
Ages 19+ | Indoor Turf

FRIDAY

J.O.Y. Pickleball | 9:00 - 11:30 AM
Ages 19+ Court #1

Adult Co-Ed Soccer League | 6:00 - 8:00 PM
Ages 19+ | Indoor Turf

SATURDAY

Hatchling Soccer Program | 9:00 - 11:00 AM
Ages 4-7 Indoor Turf

Basketball Academy | 11:30 - 1:30 PM
Ages 8-13 | Court #1

Lu Interactive Playground | 12:00 - 2:00 PM
Ages 12-16 | Indoor Turf

Hatchling
CO-ED
INDOOR
SOCCER!

January 8 - February 12, 2022
Co-ed Ages 4 & 5 | 9:00 - 9:45 AM
Co-ed Ages 6 & 7 | 10:00 - 11:00 AM
Kroc Members: \$65 Non-Members: \$85

YOUTH & EDUCATION



OPEN YOUTH & EDUCATION CALENDAR

Check the Youth & Education Calendar insert for KidZone Hours and time adjustments

MONDAY

The Loft | 4:00 - 8:00 PM
(Ages 8+)

Crazy Car Club | 5:15 - 6:00 PM
(Ages 6-8)

Character Building | 5:15 - 6:00 PM
(Ages 9-12)

RJ's Adventure Zone | 9:00 - 11:00 AM &
5:30 - 7:30 PM
(Ages 1-11 and must be accompanied by a parent or
guardian. Limit of 20 youth/ First-come, first-served
basis)

TUESDAY

The Loft | 4:00 - 8:00 PM
Ages 8+

Book Club | 5:15 - 6:00 PM
(Ages 8+)

Lego Club | 5:15 - 6:00 PM
(Ages 8+)

WEDNESDAY

The Loft | 4:00 - 8:00 PM
(Ages 8+)

Snack Attack | 5:15 - 6:00 PM
(Ages 6-12)

RJ's Adventure Zone | 9:00 - 11:00 AM &
5:30 - 7:30 PM
(Ages 1-11 and must be accompanied by a parent or
guardian. Limit of 20 youth/ First-come, first-served
basis)

THURSDAY

The Loft | 4:00 - 8:00 PM
(Ages 8+)

Character Building | 5:15 - 6:00 PM
(Ages 6-8)

Robots | 5:15 - 6:00 PM
(Ages 9+)

FRIDAY

The Loft | 4:00 - 8:00 PM
(Ages 8+)

RJ's Adventure Zone | 9:00 - 11:00 AM &
5:30 - 7:30 PM
(Ages 1-11 and must be accompanied by a parent or
guardian. Limit of 20 youth/ First-come, first-served
basis)

SATURDAY

The Loft | 10:00 AM - 5:00 PM
Ages 8+

AQUATICS



OPEN POOL CALENDAR

Check the Aquatic Calendar insert for day-to-day events and time adjustments for both pools

MONDAY

Aquacize

8:30 - 9:15 AM | Ages 19+ only | Lanes 1,2 & 3
Swim Team

11:00 AM - 12:00 PM | Ages 10+ | Lane 6

Power Wave Water Aerobics**
6:00 - 7:00 PM | Ages 16+ | Lanes 1 & 2

TUESDAY

Face Up First

8:00 - 10:00 AM & 3:30 - 6:00 PM

Red Cross Group Swim Lessons
4:30 - 6:45 PM

Swim Team

5:30 - 6:30 PM | Ages 10+ | Lane 6

WEDNESDAY

Aquacize

8:30 - 9:15 AM | Ages 19+ only | Lanes 1,2 & 3

Swim Team

11:00 AM - 12:00 PM | Ages 10+ | Lane 6

Swim Skills Assessment January 12 Only

6:00 - 7:00 PM | Ages 3+ Rec & Lap Pools

Power Wave Water Aerobics
6:00 - 7:00 PM | Ages 16+ only | Lap Lanes 1 & 2

THURSDAY

Aqua Zumba

9:30 AM - 10:15 AM | Ages 19+ | Lanes 1-3

Red Cross Swim Lessons

4:30 - 6:45 PM

Swim Team

5:30 6:30 PM | Ages 10+ | Lane 6

FRIDAY

Aquacize

8:30 - 9:15 AM | Ages 19+ only | Lanes 1,2 & 3

SATURDAY

AquaBlast 2.0

9:15 - 10:00 AM | Lanes 1-3

Swim Team

9:30 - 10:30 AM | Ages 10+ | Lane 6

Swim Skills Assessment January 15 Only

12:00 - 1:00 PM | Ages 3+ Rec. & Lap Pools

Red Cross Swim Lessons

10:00 - 12:00 PM

Wibit Bridge

12:00 - 3:00 PM

Masters Swim

Monday-Friday | 5:30-6:30 AM

Saturday 8:00 AM - 9:00 AM

To join www.omahamastersswimming.com

FINE ARTS



MONDAY

J.O.Y Intro to Pottery | 12:30 AM - 1:30 PM
(Ages 19+) Starts 1/10

WEDNESDAY

J.O.Y. Sewing Lab | 11:00 AM - 12:30 PM
(Ages 19+) Starts 1/5
Project: Soup Caddy

FRIDAY

Kids Pottery | 5:30 PM - 6:30 PM
(Ages 8-13) Starts 1/7

Intro to Pottery | 6:30 PM - 7:30 PM
(Ages 13+) Starts 1/7

SATURDAY

Intro to Wheel Throwing
9:00 AM - 10:30 AM
(Ages 19+) Starts 1/8

Clay Works

9:00 AM - 1:00 PM
(Ages 19+) Starts 1/8

Intermediate Wheel Throwing
10:30 AM - 12:00 PM
(Ages 19+) Starts 1/8



New Program



Fee Required



Registration Required



Register Soon!



Graduates of Kroc IE Ages 14 & 15 may attend these classes with a participating parent or guardian!